

# DIVERSE VCID

**DIVERSE VASCULAR CONTRIBUTIONS TO  
COGNITIVE IMPAIRMENT AND DEMENTIA**

[pennmemorycenter.org/vcid](http://pennmemorycenter.org/vcid)



## Combatting underrepresentation in Alzheimer's disease research.

### Purpose:

To better understand how blood vessel health in the brain impacts your memory and thinking. Participation will help us explain how lifestyles affect brain health in diverse communities.

### You can participate if...

- you are between 65 and 90 years old and identify as Black, African-American, Hispanic, or Latino/x
- you have noticed a decline in your memory or thinking over the last 1-3 years
- you are able to have an MRI (you do not have metal in your body)

### DVCID is a three-year study

**For more information, contact  
research coordinator Heidi Joyce:**



**215-520-5013**



**hejoyce@upenn.edu**

### Participation includes:

- An annual in-person visit to complete questionnaires and memory tests
- Fasted blood draw
- MRI scan
- Lifestyle questionnaires

**After completing your participation in DVCID, you can continue monitoring your memory through our Aging Brain Cohort observational study**

### Compensation and Benefits

- Research results that could impact your health will be communicated
- Your participation could help your family and those in your community with memory loss in the future
- Transportation arrangements if necessary
- \$25 for the annual visit
- \$100 for the Year 1 MRI and blood draw, \$150 for the 2nd and 3rd year

**PI: David Wolk, MD**