

Helpful Websites and Online Support for Individuals living with Dementia and Their Loved Ones

Websites:

The Alzheimer's Association: <https://www.alz.org/>

Lewy Body Dementia Association: <https://www.lbda.org/>

The Alzheimer's Foundation of America: <https://alzfdn.org/>

The Association for Frontotemporal Degeneration: <https://www.theaftd.org/>

National Aphasia Association: <https://www.aphasia.org/>

The National Institute on Aging: <https://www.nia.nih.gov>

Family Caregiver Alliance: www.caregiver.org

Caregiver Action Network: <https://caregiveraction.org/>

UCSF Memory and Dementia Center: <https://memory.ucsf.edu/what-dementia>

Online Support

Alz Connected – an online forum for people living with Alzheimer's Disease and their loved ones: <https://www.alzconnected.org/discussion.aspx?g=topics&f=151>

FTD Patient Support Groups on Facebook – an online Facebook group facilitated and moderated by people diagnosed with FTD for people living with FTD. Find more information [here](#).

FTD Support Forum – online support forum for people living with FTD and their loved ones: <https://www.ftdsupportforum.com/>

Well Spouse Association – online support programming for spousal caregivers: <https://wellspouse.org/>

Memory People – Facebook support community for people living with dementia and their loved ones: <https://www.facebook.com/Memory-People-126017237474382/>

Dementia Alliance International – online peer support groups led by people living with dementia for people living with dementia. Learn more [here](#).

Lewy Body Dementia Association online Facebook group: <https://www.facebook.com/groups/LBDALivingwithLewy/>

LBD Caring Spouses Online Forum: <https://groups.io/g/LBDCaringSpouses>

Family Caregiver Alliance Online Caregiver Forum: <http://lists.caregiver.org/mailman/listinfo/caregiver-online> lists.caregiver.org

Dementia mentors – one to one peer support led by someone living with dementia for people living with dementia: <https://www.dementiamentors.org/>

Early Onset Dementia Facebook Support Group: <https://www.facebook.com/YoungOnsetDementiaSupportPage/>