Cultural Resources for Dementia Caregivers:

**Documentaries, Television Specials, and Online Films:**

* Alive Inside (2014)
* Glen Campbell: I’ll Be Me (2014)
* The Genius of Marian (2013)
* PBS Frontline’s “Being Mortal” (2015)
* HBO’s “The Alzheimer’s Project” (2009)
* Monster in the Mind: The Convenient Un-Truth About Alzheimer’s (2016)
* The Living with Alzheimer’s Project: <http://livingwithalz.org/films/>

**Fictional Movies:**

* Away from Her (2007)
* The Savages (2007)
* Iris (2001)
* Still Alice (2014)
* The Leisure Seeker (2017)

**Caregiving Videos:**

* Teepa Snow’s Dementia 101 Series: <https://teepasnow.com/resources/about-dementia/>

**Podcast Episodes:**

* This American Life
* “Rainy Days and Mondays:”<https://www.thisamericanlife.org/532/magic-words/act-two>
* “Old Age” (feat. PMC pt Carl Duzen): <https://www.thisamericanlife.org/583/itll-make-sense-when-youre-older/act-four-0>
* “One Brain Shrinks, Another Brain Grows:” <https://www.thisamericanlife.org/188/kid-logic/act-four> & part two, “Heart Shaped Box:” <https://www.thisamericanlife.org/294/image-makers/act-three>
* Radiolab
* “The Bus Stop:”<http://www.radiolab.org/story/91948-the-bus-stop/>
* “Unraveling Bolero:”<https://www.wnycstudios.org/story/unraveling-bolero>
* “Scattered” Podcast: <https://www.wnycstudios.org/podcasts/scattered>
* “Love and Lapses (Invisibilia): <https://www.npr.org/2019/11/20/781160467/love-and-lapses>
* Caring Kind’s “Caregiver Storytelling” Podcast: <https://caringkindnyc.org/podcast/>
* “The Myth of Caring” (Pauline Boss interviewed on On Being): <https://onbeing.org/programs/pauline-boss-the-myth-of-closure-dec2018/>

**Caregiving Guide Books:**

* Learning to Speak Alzheimer’s by Joanne Koenig Coste
* I’m Still Here: A New Philosophy of Alzheimer’s Care by John Zeisel, PhD
* Surviving Alzheimer’s: Practical Tips and Soul-Saving Wisdom for Caregivers by Paula Spencer Scott
* The 36-Hour Day by Nancy L. Mace & Peter V. Rabins
* What if it’s Not Alzheimer’s? A Caregiver’s Guide to Dementia by Gary & Lisa Radin
* A Caregiver’s Guide to Lewy Body Dementia by Helen & James Whitworth
* Passages in Caregiving: Turning Chaos into Confidence by Gail Sheehy
* Dancing with Elephants: Mindfulness Training for Those Living with Dementia by Jarem Sawatsky
* Age of Dignity: Caring for a Changing America by Ai-Jen Poo

**Memoirs and other non-fiction:**

* Being Mortal by Atul Gawande (palliative care memoir/guidebook)
* Dementia Reimagined by Tia Powell (history of dementia and care suggestions)
* The Soul of Care by Arthur Kleinman (AD memoir/history of illness)
* Can’t We Talk About Something More Pleasant?by Roz Chast (graphic novel, daughter caring for her parents)
* Ten Thousand Joys and Ten Thousand Sorrows by Olivia Ames Hoblitzelle (wife caring for her husband)
* Memory’s Last Breath: Field Notes on my Dementia by Gerda Saunders(journals of a woman with dementia)
* Slow Dancing with a Stranger by Meryl Comer (wife caring for husband)
* All Gone by Alex Witchel (daughter caring for mother)
* Somebody I Used to Know by Wendy Mitchell (memoir of a woman with early onset AD)
* The Family on Beartown Road by Elizabeth Cohen (daughter caring for father)
* In Pursuit of Memory by Joseph Jebelli (a doctor traces the history of the fight against AD)
* The Inheritance: A Family on the Front Lines of the Battle Against Alzheimer’s Disease by Niki Kapsambelis (a researcher traces a family with the APOE genetic mutation)

**Longer/literary Newspaper and Magazine Columns:**

* The New York Times – Modern Love column
* A Boyfriend Too Good to be True: <http://www.nytimes.com/2015/04/12/style/a-boyfriend-too-good-to-be-true.html>
* A Memory Magically Interrupted: <https://www.nytimes.com/2009/03/22/fashion/22love-1.html>
* Refreshing a Mother’s Memory with Love and Stories: <https://www.nytimes.com/2017/01/06/fashion/modern-love-dementia-mother-family-love.html>
* When Alzheimer’s Makes Room for Love: <https://www.nytimes.com/2018/03/02/well/family/when-alzheimers-makes-room-for-love.html>
* Misc.
* “The Comforting Fictions of Dementia Care” in The New Yorker, 10/8/18: <https://www.newyorker.com/magazine/2018/10/08/the-comforting-fictions-of-dementia-care>
* “How Much a Dementia Patient Needs to Know” in the New Yorker, 3/4/19: <https://www.newyorker.com/magazine/2019/03/04/how-much-a-dementia-patient-needs-to-know?utm_medium=social&utm_source=twitter&mbid=social_twitter&utm_brand=tny&utm_social-type=owned>
* “Fraying at the Edges” in the New York Times, 5/1/16 <https://www.nytimes.com/interactive/2016/05/01/nyregion/living-with-alzheimers.html>
* “Doll in Shadow” in Guernica, 3/24/17 <https://www.guernicamag.com/doll-in-shadow/>
* “Changing the Tragedy Narrative” in the Washington Post, 2/21/19:
<https://www.washingtonpost.com/local/social-issues/changing-the-tragedy-narrative-why-a-growing-camp-is-promoting-a-joyful-approach-to-alzheimers/2019/02/21/2c4ed4f0-2244-11e9-81fd-b7b05d5bed90_story.html?utm_term=.146dfe8f1405>
* “Lifestyle Guru B Smith Has Alzheimer’s…” in the Washington Post, 1/28/19: <https://www.washingtonpost.com/lifestyle/style/lifestyle-guru-b-smith-has-alzheimers-her-husband-has-a-girlfriend-her-fans-arent-having-it/2019/01/28/1a9dbbc0-12c4-11e9-b6ad-9cfd62dbb0a8_story.html>