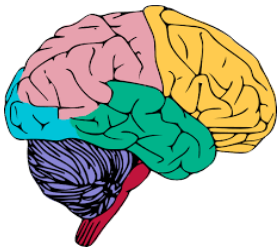


RALSTON

HEALTHY BRAIN AGING

A Ralston Center FREE education program



Join Jason Karlawish, MD, co-director of the Penn Memory Center for an expert discussion on how your lifestyle affects your brain as you age. Learn what activities are effective in protecting your brain health and how and when to do them.

PROGRAM AND LUNCH ARE FREE. Registration is required.
Call 215-386-2984 or email contact@ralstoncenter.org



Jason Karlawish, MD, is a Professor of Medicine, Medical Ethics and Health Policy, and Neurology at the University of Pennsylvania. His research and writing examine ethical and policy issues encountered by older adults with late-life cognitive disorders such as Alzheimer's disease and cognitive aging. He is the co-director of the Penn Memory Center and the director of the Penn Healthy Brain Research Center.

Monday, May 20, 2019
12:00 pm to 1:00 pm
Lunch to follow

At Ralston Center
3615 Chestnut Street, Philadelphia, PA 19104

ralstoncenter.org
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